



De Ruwenberg

Team Building Activities

Enhance your event with a tailor-made activity at De Ruwenberg estate

www.ruwenberg.com

Be Inspired

Would you like to enrich your meeting with an activity that promotes connection, energy, and collaboration? A team-building activity at De Ruwenberg Estate is a valuable addition to your business programme. Colleagues get to know each other in an informal setting, work together on a shared challenge, and return to the meeting with renewed energy.

Our 14-hectare estate offers plenty of opportunities for both indoor and outdoor activities. Most activities are led by professional partners with extensive experience working with corporate groups.

Be inspired by the possibilities in this brochure. Not sure which activity best suits your team, programme or objectives? Your personal account manager will be happy to help and advise you on the most suitable option.

* Prices mentioned are indicative only and subject to change. Please contact us for current rates and availability.



Discover the Netherlands as a wine-producing country.

Wine Tasting & Vineyard Tour

Combine your business meeting with a relaxing culinary experience at our neighbouring vineyard, Wijngoed Wolf in Sint-Michielsgestel. After your meeting, your group will be taken on a guided tour of the five-hectare vineyard, where you will learn about the vines, the soil and the local wine-growing climate.

Winemaker Bas will take you through the wine cellar and explain the craftsmanship behind the wines. Afterwards, you will taste a selection of wines, each with its own story. It is a relaxed and enjoyable way to round off the day together.

 **Participants**
12 - 30

 **Duration**
1 - 2 hours

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



Where leadership and teamwork become visible

Sheep Herding

Sheep herding is an original outdoor team-building activity that reveals teamwork, communication and leadership in a surprising way. Following a short introduction, your group will meet the sheep, the dogs and the instructors.

During an interactive demonstration, you will discover how Border Collies are trained and directed. Themes such as communication, focus, ambition and perseverance are explored in an informal and accessible way.



Participants

10 - 50



Duration

2 hours



Indoor / Outdoor

Outdoor



Price indication P.P.*

± € 50 - € 70



Boat Trip

Explore the River Dommel during a relaxing boat trip towards Den Bosch. The skipper will take your group on board a covered boat and share stories about the city and the unique surrounding area along the way.

This activity is ideal after an intensive training session or meeting. It is relaxing, accessible and perfect for an informal conversation with colleagues.

Would you like to enhance the boat trip? You can book a fully prepared picnic package with delicious snacks and refreshments to enjoy on board. This activity can also be combined with drinks or dinner afterwards.

 **Participants**
4 - 40

 **Duration**
1 - 2 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 10 - € 15



Focus, technique and healthy competition

Fencing Workshop

Are you looking for an active and original workshop for your team? During the fencing workshop, participants are introduced to the sport of fencing in an accessible way. Each participant receives a sabre, mask, jacket and glove.

We start with a brief instruction session, followed by an introduction to fencing. Participants learn the basic techniques, discover the history of fencing and are introduced to different weapons. After practising in pairs, the teams compete against each other in a series of duels.

This activity combines focus, technique and healthy competition. It is suitable for all skill levels, ages and fitness levels.

 **Participants**
10 - 30

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Both

 **Price indication** P.P*
± € 25 - € 35



Calmness, precision and hitting the target

Archery Workshop

An archery workshop is always right on target. In the open air, your team will discover the importance of calmness, concentration and precision. Participants are introduced to archery in an accessible way and receive instructions on the correct posture, technique and aiming.

During the workshop, your group will be introduced to different types of bows and, of course, everyone will have the opportunity to shoot. A crossbow is also available for participants with an injury or for those who do not have sufficient strength to fully draw the bowstring.

This activity is suitable for all skill levels, ages and fitness levels.

 **Participants**
10 - 100

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 10 - € 35



An outdoor culinary experience for your team

Outdoor Cooking Workshop

An outdoor cooking workshop is different in every season. Together with your team, you will prepare special dishes on our estate, surrounded by nature. We use ingredients that are in season at the time, making every workshop a surprising culinary experience.

With more than 18 different variations available, the activity can be tailored precisely to your programme, group size and preferences. The result is an interactive workshop centred around collaboration, tasting and enjoyment.

This workshop is available throughout the year, depending on weather conditions.

 **Participants**
20 - 250

 **Duration**
2 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 50 - € 70



Rhythm, energy and collaboration

Percussion

Bring energy to your programme with an interactive percussion workshop. Under the guidance of an enthusiastic instructor, your team will discover how rhythm, listening and collaboration come together through music.

You will be amazed by what the group can perform in such a short time. The final result often consists of two or three rhythms played simultaneously, complemented by a solo. The uplifting rhythms make this workshop accessible, energetic and suitable for everyone.

Participants are often pleasantly surprised by the musical talent within the group and the collaboration that turns the final performance into a success. In good weather, the workshop can also take place outdoors.

 **Participants**
10 - 40

 **Duration**
1 - 1.5 hours

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



Discover exclusive craft beers

Exclusive Beer Tasting

Whether your guests are beer enthusiasts or are discovering craft beer for the first time, this tasting offers an enjoyable and informal experience. You will taste five carefully selected beers from Hops & Hopes that are exclusive and unavailable in local shops.

During the tasting, each participant receives a tasting form and the host shares interesting background information. This allows your guests to discover different flavours and styles while also learning more about the world of craft beer.

 **Participants**
15 - 60

 **Duration**
1 - 2 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 25 - € 35



An atmospheric evening full of interaction

Casino Night

A casino night at your venue is an interactive and atmospheric addition to a party or informal closing event. Professional hosts provide various gaming tables and organise the games in a tournament format.

Participants can play as a team or individually. The informal nature of the activity makes it suitable for different types of guests, from active players to colleagues who mainly want to catch up over a drink.

Do you have specific preferences regarding the games?
We will be happy to discuss the possibilities with you.

 **Participants**
20 - 150

 **Duration**
- 3 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 25 - € 70



Energy for a powerful day

Bootcamp

Give your team renewed energy with a bootcamp session on our estate. Plan the activity early in the morning as a powerful start to your meeting, or schedule it at the end of the day to release energy together.

The training combines cardiovascular and strength exercises and is suitable for all fitness levels. Our certified, experienced and motivated trainers provide safe, accessible and encouraging guidance.

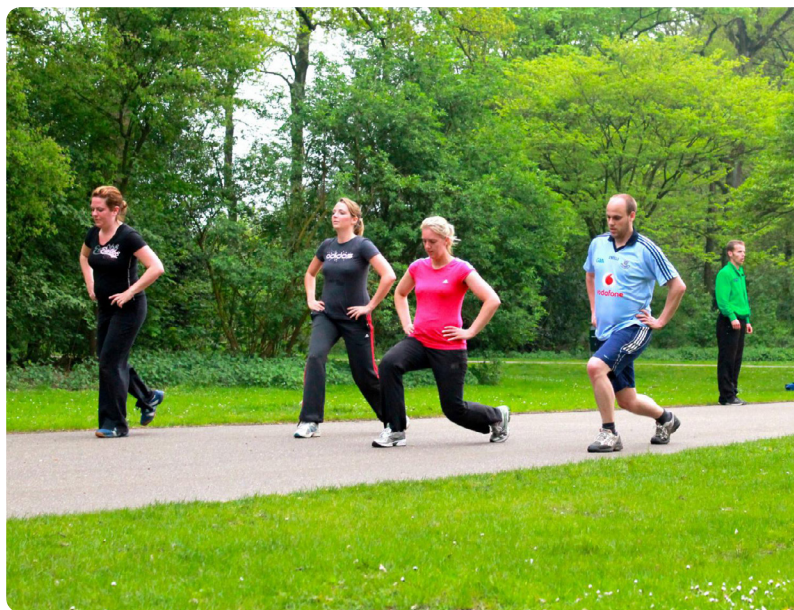
This activity offers an active combination of fun and challenge, surrounded by the green environment of De Ruwenberg.

 **Participants**
10 - 100

 **Duration**
1 - 1.5 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 10 - € 35



Experience the magic of birds of prey

Falconry Workshop

During this special demonstration, your group will encounter several different birds of prey at close range. The falconer introduces the birds and explains their behaviour, hunting techniques and collaboration with humans.

As the birds fly, the falconer explains their specific characteristics, from the silent flight of the eagle owl to the speed of the falcon and the power of the eagle. The demonstration offers an impressive nature experience that your guests will not soon forget.

Would you like the falconer to incorporate a particular theme into the presentation? We will be happy to arrange this with you in advance.

 **Participants**
10 - 50

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 10 - € 35



A relaxing finish on the driving range

Golf Clinic

End an intensive day on a relaxed note with an outdoor golf clinic. Under the guidance of a professional, your group will learn the basic techniques of golf before practising on the driving range.

Our golf driving range has covered teeing areas, with various distances marked on the range. Next to the driving range, you will find the putting green, where participants can work on their accuracy.

The clinic begins with a brief theoretical introduction, after which your guests will quickly start practising. It is an accessible activity that brings together concentration, technique and relaxation.

 **Participants**
5 - 25

 **Duration**
1 hour

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 20 - € 30



Who will unravel the mystery?

Murder Mystery Game

An exciting and original evening programme that your guests will talk about for a long time. The murder mystery is an interactive role-playing game featuring professional actors. Every participant is given a role, and everyone is a suspect.

No one is allowed to leave the crime scene, so the tension is high. Each participant receives a role, matching props and a script containing all the necessary information. Perform the scenes convincingly, collect clues and work together to discover who solved the murder.

Several different storylines are available to book.

 **Participants**
12+

 **Duration**
3 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 25 - € 70



Investigate together in virtual reality

VR Murder Mystery

Step into the role of a detective and solve the mystery together. You and your colleagues find yourselves in the middle of a shocking murder case, with the aim of uncovering the truth and identifying the perpetrator.

Using a VR headset, you will explore the virtual crime scene. In teams of four to six people, you will collect clues, solve challenging puzzles and use your detective skills to get to the heart of the case together.

At the end, it will become clear which team has the best detectives. But you will need to work quickly, as the perpetrator is about to escape.

 **Participants**
20 - 200

 **Duration**
1 - 1.5 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 10 - € 35



Crack codes under time pressure

La Casa de Papel VR Game

Experience the excitement of a bank robbery with the La Casa de Papel VR Game. This activity is a challenge for teams that enjoy speed, puzzles and collaboration. No prior knowledge of the series is required. All you need is a sharp eye and a strong sense of teamwork.

While one team member explores the virtual world using a VR headset, the other team members crack codes and collect clues in the real world. Working in teams of four to six people, you will solve puzzles and complete the mission together.

Compete against the other teams and find out who can rob the bank first.



 **Participants**
20 - 200

 **Duration**
1 - 1.5 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 25 - € 35



Explore the area by Segway

Segway tour

Explore the natural surroundings of De Ruwenberg in a unique and relaxing way with a Segway tour. After comprehensive instructions, participants first practise on an agility course. Once everyone feels comfortable using the Segway, the tour begins.

We tailor the route to your preferences. For example, you could include a stop for a coffee break or choose a route through the area surrounding the estate.

It is also possible to remain on the estate with the Segways. In that case, an obstacle course or a game of Segway football can be organised.

 **Participants**
12+

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 50 - € 100+



De Ruwenberg



Teambuilding Brochure

Take your team to new heights.

Hot-Air Balloon Ride

Combine a productive meeting with an unforgettable experience in the air. After your meeting, your group can take off for a hot-air balloon ride above the green surroundings of De Ruwenberg. Alternatively, you can start the day with a balloon ride and give your programme an extraordinary opening.

The balloon ride is supervised by a professional pilot. Each balloon can accommodate an average of eight people, and we arrange the appropriate number of balloons for your group. The departure point is located on our own estate.

Please note that the balloon ride is weather-dependent and is only possible at sunrise or sunset.



 **Participants**
6+

 **Duration**
3 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
€ 100+



Power, rhythm and team energy

Haka workshop

The haka is a ceremonial dance from Māori culture, known for its powerful movements, rhythm and group energy. Today, many people also know the haka from New Zealand rugby teams, who use it to impress their opponents in a respectful way.

During this workshop, your team will be introduced to the power of collective expression in an accessible way. This includes powerful movements, the use of the voice, rhythm and creating a strong shared presence.

The workshop is suitable for everyone, whether as a powerful start to the day or as an extensive element of your team-building programme.

 **Participants**
10 - 200

 **Duration**
1 hour

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



Knowledge, competition and fun

Pub quiz

Enjoy an interactive evening filled with knowledge, competition and fun with our pub quiz. Together with your team, you will compete in a varied selection of questions about the Netherlands, general knowledge, sports, music, film and much more.

Who knows the most about Dutch classics? Who can spell the most challenging words correctly? And who has the best knowledge of Dutch history?

Would you like to make the quiz more personal? You can provide ten or more questions about your own organisation. For international groups or guests, we also offer a World Pub Quiz so that everyone can participate in this unique experience.

 **Participants**
10 - 150

 **Duration**
2 hours

 **Indoor / Outdoor**
Indoor

 **Price indication** P.P.*
± € 25 - € 35



Fly, navigate and collaborate

Drone workshop

Learn to fly drones during an innovative and interactive workshop. Under the guidance of professional drone operators, your team will be introduced to the latest high-tech drones.

Fly through an obstacle course with help from your team, control a racing drone or discover how to operate a drone using only your hands. In an original and relaxed way, your group will experience how collaboration, focus and communication contribute to success.

At the start of the workshop, participants receive an introduction and the safety rules are explained. You will then learn the basic skills of drone flying as a team. The workshop concludes with agility exercises to determine who is the best pilot.

 **Participants**
10 - 30

 **Duration**
1 - 2 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P*
± € 50 - € 70



Find calm after your meeting

Yoga workshop

A yoga workshop gives your team a moment of calm, focus and mindful relaxation. Participants are introduced to the basics of yoga in an accessible and inspiring way.

The workshop covers simple physical exercises, breathing techniques, meditation, concentration, mindfulness and conscious relaxation. These elements help improve physical flexibility, strengthen the mind, deepen relaxation and improve concentration.

This activity is suitable for all ages and experience levels.

 **Participants**
4 - 20

 **Duration**
1 hour

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



Teamwork, excitement and strategy

Paintball

Paintball is an active outdoor activity that brings together teamwork, excitement and strategy. During the activity, participants are immersed in a series of varied games, each with a maximum playing time of 20 minutes.

Equipped with semi-automatic compressed-air markers, players challenge each other to hit their opponents with paintballs and temporarily eliminate them from the game. The entire playing field is set up on our estate.

We provide everything you need, including overalls, paintball masks and 100 paintballs per participant. This is also an environmentally friendly workshop, as the paint is washable and 100% biodegradable.

 **Participants**
10 - 50

 **Duration**
1 - 2 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P*
€ 100+



Graffiti workshop

The graffiti workshop is suitable for both creative and less creative participants. During the workshop, your team will learn the basic skills of graffiti in a short amount of time. At the end of the session, the group takes their own artwork home.

Under the guidance of experienced artists, you will create a design and learn how to work with different colours, gradients, shapes and proportions.

The workshop challenges participants to collaborate creatively. It is ideal for exploring themes within your organisation together or bringing an important topic to life in a creative way. In consultation with you, we tailor the workshop to suit your company or programme.

 **Participants**
5 - 100

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



Classic Dutch games on a grand scale

XL Games

With XL Games, your team experiences well-known games in an oversized format. Think of Jenga, Mikado and Connect Four, transformed into fun and interactive activities on the estate.

At De Ruwenberg, these classic games are taken to the next level. This makes them ideal as a refreshing break during meetings, an addition to your activity programme, or a guaranteed success during an evening event.

The puzzle challenges stimulate problem-solving skills and teamwork. XL Games has all the ingredients for an experience your team will remember for a long time.

 **Participants**
25 - 100

 **Duration**
2 hours

 **Indoor / Outdoor**
Both

 **Price indication** P.P.*
± € 10 - € 35



An exciting outdoor activity

Laser Clay Pigeon Shooting

Laser clay pigeon shooting is an accessible outdoor activity that combines concentration, timing and competition. With a maximum of five participants at a time, players take up the laser gun and attempt to hit moving targets.

Pull the trigger and instantly see your score on the scoreboard. Who will be the sharpshooter of the day?

Everyone gets plenty of turns thanks to the quick participant rotation. Various programme options also ensure that the activity remains varied. After just a few shots, you will be captivated by this exciting and relaxing sport.

 **Participants**
5 - 100

 **Duration**
1.5 hours

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 25 - € 70



Football with a surprising twist

Bumper Ball

Leave the pressures of a meeting day behind and experience football in a completely different way. During Bumper Ball, participants wear large inflatable balls and play a fun, accessible match with few rules and plenty of interaction.

No VAR to rule you offside or disallow a goal. Defend, attack, cooperate and score. Team up with your colleagues and turn it into a sporting team-building activity.

This activity is also accessible for non-football players and is guaranteed to be a talking point afterwards.

 **Participants**
10 - 20

 **Duration**
1 hour

 **Indoor / Outdoor**
Outdoor

 **Price indication** P.P.*
± € 25 - € 35



Activity Overview

Between €0 and €30*

Bingo
Boat Trip
Bootcamp
Boxing Workshop
Bumper Ball
Exclusive Beer Tasting
Fencing Workshop
Golf Clinic
GPS Walking Tour
Line Dancing Workshop
Percussion Workshop
Poker Workshop
Pub Quiz
Salsa Workshop
Self-Defence Workshop
Streetbeat Workshop
VR Games
Who Is the Saboteur?
Wine Tasting & Vineyard Tour
XL Games
Yoga Workshop

Between €30 and €50*

Action Painting Workshop
Break-in Boxes
Caricature Drawing Workshop
Casino Afternoon/Evening
Chocolate-Making Workshop
Cocktail-Making Workshop
Cigar-Making Workshop
Cupcake-Making Workshop
Escape Room on Location
Falconry Demonstration
Filmmaking Workshop
Glassblowing Workshop
Graffiti Workshop
Haka Workshop
Jewellery-Making Workshop
Juggling Workshop
La Casa de Papel VR Game
Laser Clay Pigeon Shooting
Laughter Workshop
Magic Workshop
Murder Dinner / Murder Mystery Game
Palm Reading Workshop
Smartphone Photography Workshop
Tai Chi Workshop
Tarot Card Reading Workshop
VR Murder Mystery Game
Wine Tasting Workshop

Over €50*

Barista Workshop
Carriage-Driving Workshop
Drone Workshop
E-Step Tour
Hot-Air Balloon Ride
Mountain Bike Tour
Outdoor Cooking Workshop
Paintball
Segway Tour
Sheep Herding Workshop

*Prices are per person and subject to change. Prices may vary depending on group size and season. Please ask your account manager for current prices and availability.



De Ruwenberg

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We look forward to welcoming you to De Ruwenberg Estate.

Receive a tailored proposal within 24 hours, with direct answers to all your questions. During your meeting, we are also available to assist with any additional wishes or requirements.

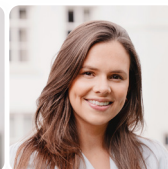
Simone



Elke



Meike



Bas



4.500+ trees planted!

